

Novus Volleyball Academy Co-Ed Adult League Rules

September 12, 2016 – November 21, 2016 (Monday Night Fall League)

Player Eligibility/Age Rules

1. All participants must be 19 years of age or older to participate.
2. All Participants **must complete a waiver** before playing.

Teams/Rosters

1. Teams may have up to 10 players on their roster/registration
2. ALL substitute player must be listed on the team's roster at the START of the season. Substitute players will not be allowed to be added throughout the course of the season.
3. Teams may play with 4, 5 or 6 players on the court at one time. If a team is reduced to less than 4 players, the game shall be forfeited. The score of a forfeited game is 30-0 or 15-0 for a deciding set. Players will have 15 minutes after the game start time before a forfeit is given. (Example: Game is to start at 7pm, player has until 7:15 until team forfeits) Team may play with 5 until player arrives.
4. The number of male and female players must be equal, unless the team is playing with 5 players. If this is the case, the number of male and female players must be within one. (3 males & 2 females or 3 females and 2 males)
5. Players from 1 team can SUB on another team.

Game/Match Format

1. Captains toss a coin/rock-paper-scissors for choice of serve.
2. Matches are played best 2 out of 3. First two sets will be played to 25 and the deciding game, if necessary, to 15. **All games are rally scoring.** Must win by 2. NO CAPS.
3. The team that did not serve the first game will serve the second game.
4. A one-minute time-out is allowed for each team during each set.
5. Each team will play each other twice. Then tournament games will start.

General Playing Rules

1. The ball may be played by any part of the body.
2. Contact with the net is only a fault if it is made DURING THE ACTION of playing the ball or if it INTERFERES with the play.
3. A ball which comes in contact with the ceiling/lights and comes down on the same side is considered still in play. If the ball crosses the net after contact with ceiling/lights it is a side out.

4. Player must not enter the court next to them to retrieve a shanked pass. If the player crosses the white tennis line on the next court it will be considered out and point will be awarded to other team. (please ask if you have questions regarding this)
5. Black boundary lines are in bounds.
6. Net serves count and a player may not block a serve. Foot faults will not be allowed.
7. See the USAV rule book for more rulings.

Equipment/Officiating/Referees

1. Novus Volleyball Academy will supply the balls and set up the nets.
2. Referee will be provided for each match. All rulings made by referee in regards to game play will be final. Please keep in mind that it is sometimes hard to see all angles of the court!! Helping the referee call in or out is appreciated. If the call is not easily determined a replay will be called.
3. If a referee is not available the game may be played providing both captains agree.
4. Please show good sportsmanship and integrity at all times.

Playoffs/Awards

1. A double elimination tournament will follow the regular season starting on Week 8 (Feb 29th) with pairings determined by the regular season standings.
2. Tie Breaker Rule for League Standings:
 - a. Game record, followed by Head-to-Head games
 - b. Point differential, followed by point differential in head to head competitions.
 - c. In the case of any tie break situation, if any team has had a forfeit loss, they are eliminated from the tie breaker.
3. Tournament matches are played best 2 out of 3. NO CAPS. Must win by 2 points. First two sets will be played to 25 and the deciding game to 15.
4. First Place team in tournament play will receive prize!!

Player Conduct/Sportsmanship

1. Any conduct determined to be unsportsmanlike or unruly will result in one warning.
2. The second instance of misconduct shall result in an ejection. Any player ejected from a game for ANY reason may not participate in the next scheduled match.

Contact Info:

Abbi Rillie

Phone: 815-291-3300

OR

Merisa Ritschard

Phone: 815-631-5224

Email: novusvbacademy@yahoo.com

www.facebook.com/novusvbacademy or www.novusvbacademy.com